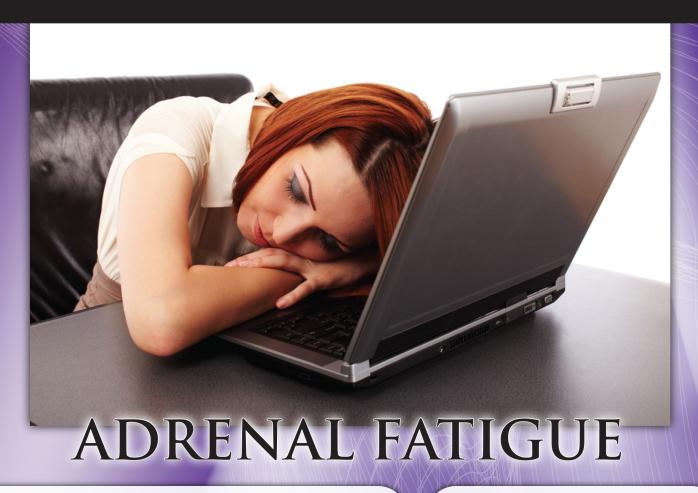
ARE YOU OR SOMEONE YOU LOVE EXPERIENCING

THE STRESS SYNDROME

OF THE 21ST CENTURY?



DO YOU FEEL:

- Fatigue Brain fog Anxiety Depression
- Mood swings (intolerance to stress)
- Food Cravings
- Weight gain & difficulty losing weight
- Difficulty falling asleep & staying asleep
- Pain that doesn't go away
- Increased susceptibility to infections
- Chemical sensitivities
- Allergies to things you were never allergic to before
- A tendency to feel cold

WHAT YOU'LL LEARN:

- 1. What is adrenal fatigue?
- 2. What are the common signs and symptoms?
- 3. What are the causes?
- 4. How to find out if you have it?
- 5. Simple strategies to recover from adrenal fatigue.